



Report 1 | January 2019 - December 2019 | CHAD

Director's Message

Merry Christmas and Happy New Year to You All!

This is CHAD's first annual report after 10 years journey. I can say that CHAD is committed to be more transparent and accountable to our beneficiaries and stakeholders. On behalf of all staff, I would like to thank our Board of Trustees, Advisory groups, community mobilizers, donors and partners for their great support and their help to reach our beneficiaries. The report depicts the type of target beneficiaries, locations, size of targets, budget and human resources. Sincerely yours,

Peter Mahka Myo Aung

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Who are we?

Community Health and Development (CHAD) is a local NGO based in Kachin State, Myanmar. Founded on January 10th 2009, we are a civil society and catholic-based organization focused on Myitkyina's diocese. The purpose of CHAD is to provide aid for the development of vulnerable communities. We also provide humanitarian assistance when it is needed.

Upon the founding of CHAD, our focus was concentrated on remote areas (hard-to-reach villages). In 2011, when conflict in Kachin State broke out again, we decided to begin assistance programs for Internally Displaced Persons in refugee camps and host communities. We work in coordination and partnership with local, national and international NGO's.

To reach out and support marginalized communities, to recognize their presence, their dignity and their rights for a better quality of life, is a human duty. In this way, we join ourselves in solidarity with these often-forgotten people. A very important aspect of CHAD projects is to inspire local young people and to build their self-confidence and capacity to be a productive member of their community. In this way, they will become leaders of their community, and country.

"We want the communities to become vibrant and self-sufficient in their way of life"



Our Action

Our action is divided into four major fields of action, which group together all current and future projects:

- Health
- Child protection
- Women empowerment
- Emergency

Our strategic thinking is articulated around these four main areas, to keep a coherent and lasting action, in accordance with the objectives and the values of our organization. We are thus careful to act in agreement with the UN sustainable development goals.





Nutrition and WASH project in remote areas

The project aims to improve the nutritional status of Pregnant and Lactating Women (PLW) and under-5 (U5) children through effective and appropriate nutrition interventions such as nutrition awareness raising for PLW, vegetable seeds supply to targeted HHs to improve home gardening that supports nutrition, cash assistance to allow referral of PLWs and malnourished U5 children to clinics and hospitals for treatment.

CHAD is acting in 20 villages in Sumprabum and Njang Yang Townships in Northern Kachin State. The villages have been selected thanks to discussion and consultation with different community groups, community leaders and authorities in the region. This 20 villages are identified as the most vulnerable conflict affected communities as agreed by the communities.

To implement the project, CHAD works with Community Mobilizers (CM). One CM is hired in each village.

CMs are local persons and the main project implementers in their respective villages, working on community development by community mobilizing, facilitation of awareness raising workshops/training, and distribution of project inputs. CHAD full-time project staffs support the CMs continuously by providing technical assistance, supervision and monitoring, and strengthening their capacities and performances.

Working with the CMs is a way to develop a sense of ownership and build their confidence and competence so that they remain as the key resource persons and actively provide the communities with their knowledge and skills when the project will be completed.

Our action







- Construction of water storage facilities and hand washing stations
- Providing clothing for U5 children
- Provision of hygiene kits for PLWs
- Hygiene awareness in schools
- Soap distribution in schools
- Establishment and support of effective and efficient referral services for malnourished U5 children
- Providing vegetables seeds for PLWs
- U5 children weight and height monitoring
- Nutrition awareness workshops



20 targeted villages in Sumprabum and Njang Yang surroundings



4042 targeted people 652 households



11 full time project staff 21 community mobilizers







 $1^{\rm st}$ October 2018 to $30^{\rm th}$ September 2020



563,580,000 MMK 280,311 GBP



Nutrition project for IDPs

While access remains difficult, the people in Kachin and especially in IDP Camps are in dire need of basic services and support in a wide variety of sectors, including primary health care, life-saving food assistance and livelihood support, nutrition support, quality protection services, water and sanitation infrastructure and supplies, education and shelter.

Undernourishment is a serious public health problem and among the lead causes of death, whether directly or indirectly. It also reduced cognitive, motor and socioeconomic development, reduced school performance and learning capacity, and later as an adult reduced height, increased risk to obesity and NCD's as well as reduced work capacity and productivity.

The main issue among Kachin infants and young children is **chronic malnutrition**. These high malnutrition rates are linked to inadequate dietary intake, particularly among mothers, infants and young children. The complementary feeding practices are insufficient, and we observe a lack of knowledge about nutrition in the communities.

To fight against this main issue, CHAD and World Concern have chosen to act in Rural Area and IDP Camps. The selection of places has been discussed with UNICEF: the nutrition sector lead. Those locations where selected because nutrition interventions are missing.

Project activities

Our purpose is to improve the nutrition status of under 5 children and pregnant and lactating women in the targeted locations

- To give access to nutrition preventive services, through the availability of monthly community awareness sessions, growth monitoring, mother groups and individual counselling
- To increase local and CHAD capacity to provide nutrition preventive services in the targeted locations
- Food supply to prevent undernourishment





24 IDPs camps and 3 resettlement areas in Myitkyina, Waingmaw and Moe Gaung Towships



12,119 direct beneficiaries 2303 households



11 full time project staff 34 community mobilizers and mother group leaders in camps







1st November 2018 to the 31st December 2019



117,842,000 MMK 78,408 USD

Immunization project

Since September 2019, we started a pilot project to increase the vaccination rate in rural villages. Thanks to a preliminary needs assessment, we find out that in Kachin State in Myanmar, only 54-60% of children under 2 years have received all basic vaccination. Furthermore, there are still pockets of vaccine-hesitant communities in the targeted area.

"Increasing vaccination demand in rural settings via social media"

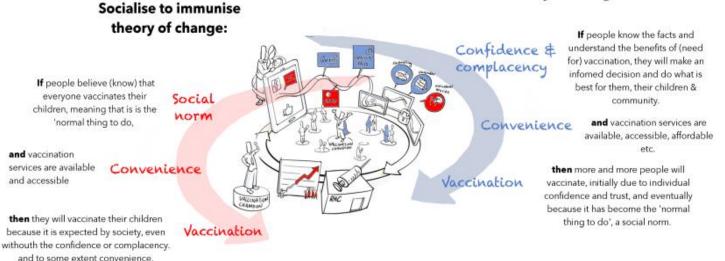
We thus decided to implement an awareness program using social media as a vector of communication and change of attitude.

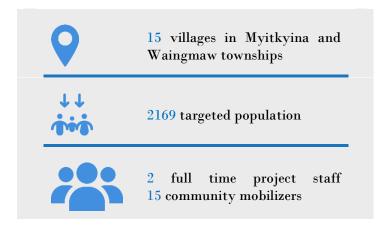
Project Goals



- To conduct baseline and formative assessment for the targeted community regarding immunization coverage, knowledge and attitude towards vaccination.
- Ensure piloting an innovative community based social network methodology, using online tools such as Facebook, to increase demand and uptake of vaccinations in the targeted communities in a timely and effective manner with desired quality standards.
- To conduct end-line evaluation for tracking changes after the piloting period.

Conventional theory of change:







Education project

Since 2009, CHAD has been working on Community-Based Education Project for the poor and vulnerable Children. Through several actions, we want to develop the knowledge of children, parents and communities.

The project aims to promote the awareness of the communities regarding child protection, child rights, mother and childcare, basic health education and general knowledge, and to support the poor and marginalize children to meet their educational and basic needs.

The emergence of community support groups is essential for the sustainability. The activities include awareness trainings for the parents and the children, providing basic needs such as nutrition, uniforms, stationaries and support for the development of income generating activities to able the communities to support the needing pupils.

Outcomes

We have noticed that parents now have a bigger concern in their children's education. Thanks to the project, children fill more involved in their studies and most of our supported pupils succeed in their exam.





Some parents have understood the importance of financial support and started micro savings for their children's education.

Project Goals



- To provide the needed school stationaries for children who are from poor families and enable them to continually and regularly attend school.
- To support and encourage their children 'education by parents themselves.

To appreciate children in future life knowing child right and child protection

Cash for inclusive response and recovery in Kachin

Although humanitarian agencies are assisting IDPs through cash transfer, it is still limited since most of them doesn't have income generating activities. Furthermore, IDPs are not familiar yet with the local situation including work, market assessments and value chain analysis.

For their livelihood activities, many are producing local products and selling them to their acquaintances. There is however neither a big market nor a high demand of retail or wholesale sellers. It is therefore hard for them to have a regular income and a enough to provide to their basic needs.

In this context, we started a pilot project with our partner Actionaid. The purpose is to help the women from Thatkone COC and Thatkone KBC to develop a sustainable activity in order to provide for their household needs, thanks to cash transfer and expertise.

In these two camps, the IDPs use to receive food items instead of money. This new way to do has several advantages:

 Helping the household to provide for their needs while allowing them to manage their money freely and according to their wishes. It is an important asset especially if there is no support for other sectors and livelihood activities are not properly working





2 camps in Myitkyina township



650 people 138 households



1 full time project staff



act:onaid



6 month from the 1st August to the 31st January 2020 (pilot project)



64,670,000 MMK 42,860 USD

 Many IDPs share common points with the host community, such as ethnicity and religion. However, the interaction and collaboration between them is still very rare. Having a mutual involvement is a sustainable way to maintain a good relationship and to increase the understanding of the IDPs issues and the conflict situation.

Project Goals







We aim to support IDPs and host communities to supplement their basic needs (health, education) through unconditional cash transfer and increase interaction between them through joint income generating activities.

Through this project, we would like to help IDPs to make informed decisions on how to manage their household finances and enjoy improved financial independence to pursue livelihood opportunities, as well as IDPs and host communities, particularly women, to engage in joint income generating activities.

SASA! Anti-gender-based violence project

SASA! is a community mobilisation programme developed by Raising Voices in Kampala, Uganda. The goal is to prevent from HIV and violence against Women.

It is a comprehensive toolkit based on extensive field testing, designed for individuals and communities to start working toward a balance of power between women and men. The Activist toolkit comes in four sections, each one representing a key phase of community mobilisation:

- The Start phase focuses on power within, helping advocates to identify the connections between violence against women and HIV
- The Awareness phase comprises tools to engage the community and increase awareness of men's power over women
- The Support phase guides communities in offering support to one another - joining their power with others to confront the dual pandemics of violence against women and HIV/AIDS.
- The **Action phase** offers tools for communities to use their power to take action, with the aim to normalize shared power and non-violence.

Our action

• Field Testing of Tools

The community mobilizers, supervised by five field Officers, submit observational feedback to Trocaire regarding the suitability of the SASA! materials and themes, the feasibility of their use and how they are perceived.

GBV Response

During implementation of SASA! activities in the communities, women and girls may report cases of violence and seek services and support. If a case is reported, CHAD will take responsibility for the referral by linking the survivor with other services according to her needs.



Project Goals



CHAD implements a special version of SASA! with Trocaire. The SASA! Methodology is appropriately adapted for being used in Myanmar, particularly in humanitarian contexts. This pilot project is the first in Myanmar. If the implementation reaches the goals, the SASA! Toolkit will be generalized in all the country.

9	5 IDP camps in Myitkyina Township
***	1034 direct beneficiaries 794 households
	6 full time project staff 20 community mobilizers
	Trocaire Working for a just world.
19	1st January 2017 to 31st June 2020
\$	75,443,000 MMK 50 000 \$

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